

PENISTONE FOOTPATH RUNNERS & AC PRESENT THE RESULTS OF THE 30TH RUNNING OF THE

PENISTONE 10K ROAD RACE

SUNDAY 29TH JUNE 2014

Pos	No	Time	Name	Cat	SY	Club
1	166	34-14	Aidan Johnson	M	SYM	Rotherham Harriers
2	161	35-23	Andy Swift	M	SYM	PFRAC
3	73	36-02	Mark Edmondson-Jones	M45		Southwell RC
4	168	36-25	Julie Briscoe	L		Wakefield Harriers
5	154	36-50	Chris Wells	M	SYM	Kingstone
6	162	37-47	John Comrie	M50	SYVM	Rotherham Harriers
7	131	38-11	David Brooksbank	M55	SYVM	Barnsley AC
8	179	38-16	Dean Winter	M	SYM	Askern
9	137	38-22	Fiona Davies	L40	SYVL	Kingstone
10	134	38-42	Mark Havenhand	M45	SYVM	Kingstone
11	88	39-19	Mark Seed	M45		Salford Harriers
12	139	39-20	Andrew Heppenstall	M	SYM	PFRAC
13	195	39-26	Stuart Wilson	M	SYM	Barnsley AC
14	120	40-07	Alan Ford	M	SYM	Wombwell SAC
15	55	40-09	Gareth Cooke	M		Unattached
16	175	40-16	Craig Allen	M	SYM	Barnsley Harriers
17	210	40-31	Thomas Hardman	M	SYM	Kimberworth
18	172	40-39	Mark Law	M50		Holmfirth
19	118	40-47	Andrew Bowett	M		Unattached
20	164	40-59	Andrew Meskimmon	M50		Dewsbury RR
21	39	41-01	Martin Booth	M50	SYVM	PFRAC
22	181	41-09	Richard Heppenstall	M40	SYVM	Barnsley AC
23	115	41-10	Martin Peck	M		Roberttown RR
24	222	41-32	Ben Wilkinson	M		Unattached
25	148	41-42	Michael Grain	M	SYM	Barnsley Harriers
26	163	41-44	Claire Leaver	L		Holmfirth
27	156	41-51	Reece Wesley	M		Unattached
28	116	42-13	Lesley Leggett	L55		Denby Dale Travellers
29	159	42-33	Gary Dean	M40	SYVM	PFRAC
30	135	42-38	Paul Lavender	M		Unattached
31	91	42-56	Richard Docker	M50		Unattached
32	127	42-59	Kate Townrow	L		Unattached
33	114	43-01	Dave Allemby	M55	SYVM	Barnsley AC
34	62	43-10	Guy Good	M40		Skyrac AC
35	186	43-14	Paul Gains	M40	SYVM	Barnsley Harriers
36	51	43-16	Sally Smith	L		Unattached
37	214	43-21	Andrew Spencer	M45	SYVM	Kingstone
38	143	43-36	Mark Riordan	M40	SYVM	PFRAC
39	133	43-50	Jenny Lingrell	L40	SYVL	Barnsley Harriers
40	205	43-52	John Docker	M50		Meltham AC
41	192	44-00	Simon Edwards	M		Meltham AC
42	112	44-01	Jeff Clark	M45	SYVM	Barnsley Harriers
43	198	44-11	Thomas Sweeney	M	SYM	Kingstone
44	149	44-21	Jeff Miller	M40		Meltham AC

45	155	44-26	Gary Podmore	M55	SYVM	Sheffield RC
46	218	44-32	Ian Walker	M		Unattached
47	147	44-44	John Howsham	M45	SYVM	PFRAC
48	220	44-45	Edward Townend	M		Denby Dale Travellers
49	98	44-48	Mark Turton	M45		Unattached
50	228	45-02	Pete Kendrick-Allot	M		Unattached
51	77	45-08	Tom Rowley	M45	SYVM	Denby Dale Travellers
52	160	45-11	Daniel Lownes	M40		Unattached
53	203	45-17	Jerry Fisher	M50	SYVM	Barnsley Harriers
54	224	45-20	James Gallacher	M	SYVM	Rotherham Harriers
55	169	45-26	Stephen Carter	M		Unattached
56	83	45-34	Bruce Cantrill	M50		Unattached
57	221	45-40	David Elsworth	M45		Unattached
58	125	45-41	Neil Waddington	M		Unattached
59	52	45-43	Craig Smith	M45		Unattached
60	216	45-45	Kevin Woodcock	M45	SYVM	Barnsley Harriers
61	165	45-50	Adrian Holyhead	M50	SYVM	Kimberworth
62	46	45-52	Ian Cartwright	M		Unattached
63	142	46-03	Alan Knox	M	SYVM	PFRAC
64	76	46-27	Gareth Hague	M		Unattached
65	146	46-32	Paul Farrand	M		Unattached
66	141	46-37	Katie Roberts	L	SYL	Barnsley Harriers
67	140	46-39	Daniel Baugh	M	SYM	Barnsley Harriers
68	104	46-46	James Lodge	M		Unattached
69	37	46-47	Kelvin Bowskill	M60	SYVM	PFRAC
70	153	46-50	Elizabeth Champion	L	SYL	Kingstone
71	171	46-52	David Gill	M50		Denby Dale Travellers
72	200	46-54	Robert Davies	M50	SYVM	Kingstone
73	85	47-10	Joanne Warboys-Hodgson	L40	SYVL	Denby Dale Travellers
74	99	47-26	David Hart	M		Unattached
75	174	47-36	Ian Micklethwaite	M40	SYVM	Kingstone
76	95	47-52	Christopher Ward	M		Unattached
77	197	47-58	John Downing	M60	SYVM	Kingstone
78	97	48-05	Jay Horne	M40		Unattached
79	38	48-12	Nick Whittingham	M60	SYVM	PFRAC
80	58	48-32	Samuel Watkins	M		Unattached
81	78	48-36	Ian Sargeant	M40	SYVM	Denby Dale Travellers
82	193	48-42	Trevor Townsend	M50	SYVM	Barnsley AC
83	45	48-54	Geoff Dimelow	M60	SYVM	PFRAC
84	215	48-59	Ian Warhurst	M40		Unattached
85	126	49-02	Mark Baxter	M		Unattached
86	188	49-05	Jonathon Palmer	M40	SYVM	PFRAC
87	227	49-06	Wayne Parkinson	M50	SYVM	PFRAC
88	225	49-09	David O'Hara	M50		Unattached
89	59	49-15	Kathleen Brankin	L50	SYVL	Team Manvers
90	136	49-38	Dave Walker	M45		Unattached
91	61	49-45	John Sellers	M50	SYVM	Kingstone
92	199	49-46	Sharon Cooper	LV45	SYVL	Kingstone

93	158	49-47	Nathan Robinson	M		Unattached
94	187	49-55	Adam Simpson	M40		Unattached
95	151	49-58	Tina Crowe	L		Meltham AC
96	89	50-01	David Brookes	M55		Unattached
97	219	50-07	David Townend	M55		Denby Dale Travellers
98	144	50-15	Dave Needham	M65	SYVM	PFRAC
99	176	50-18	Robbie Crossland	M		Unattached
100	103	50-30	Ruth Thomas	L50		Meltham AC
101	107	50-34	Adrian Gough	M40	SYMV	Barnsley AC
102	173	50-37	Alison Nockels	L50	SYVL	PFRAC
103	102	50-50	Mark Anderson	M	SYM	Barnsley Harriers
104	117	50-51	Graham Hague	M60		Unattached
105	63	50-53	Michael Thorpe	M40		Unattached
106	113	51-02	John Hewitt	M70	SYVM	Barnsley Harriers
107	44	51-04	Chris Charlesworth	M	SYM	PFRAC
108	191	51-10	Susi Sadler	L		Meltham AC
109	128	51-15	Suzanne Pepper	L		Unattached
110	36	51-17	Keith Gordon	M60	SYVM	PFRAC
111	170	51-20	David Lee	M40	SYVM	Kingstone
112	189	51-26	Sophie Pogorzelec	L	SYL	PFRAC
113	74	51-27	Angela Edmondson-Jones	L50		Southwell RC
114	72	51-30	Jack Cowlshaw	M75		Unattached
115	42	51-32	Paul Fryers	M45	SYVM	PFRAC
116	185	51-36	Dean Goodwin	M		Unattached
117	111	51-39	Bev Clark	L45	SYVL	Barnsley Harriers
118	60	51-51	David Jones	M60		Denbigh Harriers
119	223	52-05	Stuart Frith	M55	SYVM	Kimberworth
120	79	52-08	Gary Baker	M50	SYVM	Sheffield RC
121	93	52-13	Jefrey Townend	M50		Unattached
122	213	52-18	Steven Woodcock	M50		Unattached
123	157	52-25	Colin Anderson	M50		Unattached
124	132	52-27	Richard Bradley	M45		Denby Dale Travellers
125	121	52-29	Paula Newton	L45		Unattached
126	90	53-05	John Moss	M50	SYVM	Barnsley Harriers
127	82	53-07	Alun Griffiths	M55		Unattached
128	217	53-12	Bill Hunter	M65		Holmfirth
129	145	53-20	Richard Hanson	M40		Unattached
130	40	53-26	Barbara Haigh	L65	SYVL	PFRAC
131	80	53-27	Beverley Baker	L45	SYVL	Sheffield RC
132	66	53-31	Charlie Adamson	M65		Unattached
133	71	53-36	Rob Nash	M40	SYVM	PFRAC
134	180	53-45	Trevor Hiscox	M50		Mansfield
135	53	53-55	Virginia Lewin	L60		Halifax Harriers
136	75	54-18	Matthew Reed	M40		Unattached
137	119	54-19	Kelly Caseley	L	SYVL	Wombwell SAC
138	177	54-30	Paul Doran	M50		Unattached
139	167	54-37	Malcolm Rhodes	M65	SYVM	Rotherham Harriers
140	56	54-47	James Quinn	M		Unattached

141	84	54-48	Steven Hirst	M		Unattached
142	202	54-55	Annie Lightowler	L40	SYVL	PFRAC
143	190	54-58	Susan Charlesworth	L50	SYVL	PFRAC
144	123	55-01	Rachel Ridgeway	L		Unattached
145	124	55-06	Cecile Morris	L		Unattached
146	201	55-21	David Maddox	M55		Unattached
147	194	55-25	Julie Nugent	L40	SYVL	Barnsley Harriers
148	212	56-07	Janet Proctor	L45	SYVL	PFRAC
149	152	56-07	Vicky Levitt	L45	SYVL	Barnsley Harriers
150	150	57-13	Donna Biggs	L	SYL	Barnsley Harriers
151	65	57-34	Emma Noke	L45		Unattached
152	206	57-59	Gaby Wolferink	L	SYL	Barnsley Harriers
153	207	57-59	Rene Wolferink	M	SYM	Barnsley Harriers
154	41	58-22	Jude Matthews	M	SYL	PFRAC
155	92	58-32	Rebecca Crowther	L		Unattached
156	183	58-34	Rachel McHale	L45		Unattached
157	43	58-37	Charles Ready	M45	SYVM	PFRAC
158	178	58-51	Norman Cole	M75	SYVM	PFRAC
159	196	58-59	Andrea Woodside	L		Dewsbury RR
160	94	58-59	Stuart Scott	M55		Wakefield Harriers
161	138	59-10	Lynda Howard	L50		Tidswell RC
162	129	60-36	Helen Turner	L		Unattached
163	184	60-36	Danielle Hunter	L		Unattached
164	47	60-39	Nicola Cartwright	L		Pudsey Pacers
165	81	60-43	Jenny Tyrrell	L	SYVL	Kingstone
166	105	61-23	Richard Lunn	M		Unattached
167	106	61-24	Amanda Copcutt Lunn	L		Unattached
168	48	61-26	John Spencer	M55	SYV	PFRAC
169	208	61-38	Susan Beevers	L55	SYVL	PFRAC
170	67	61-47	Michael George	M60		Unattached
171	209	63-30	Bev McClure	L45		Dewsbury RR
172	108	63-33	Lisa Asam	L40	SYLV	Barnsley AC
173	109	63-33	Katrina D'Netto	L50	SYLV	Barnsley AC
174	70	63-59	Anita Fish	L50	SYVL	Barnsley Harriers
175	64	64-01	Julie Bligh-Smith	L50		Unattached
176	57	64-07	Matthew Manning	M		Unattached
177	204	64-10	Kathy Watson	L50	SYVL	Barnsley Harriers
178	211	64-34	Ruth Pickard	L	SYVL	Kingstone
179	122	64-36	Lorraine Price	L60		Unattached
180	69	66-27	Amanda West	L45	SYVL	Barnsley Harriers
181	182	69-58	Claire Watts	L45		Unattached
182	226	69-58	Rachel Gibbons	L40		Unattached
183	110	75-35	Tair Rafiq	M45		Unattached
184	100	83-46	Clare Beecher	L45		Unattached
185	101	83-46	Diane Beavan	L40		Unattached