

Date **28 September 2013**

Venue **Polsden Lacey**



Posn	Name	Race No	Time	Team	Cat	Cat. Posn
10K						
141 Runners on Course						
1	Stuart Penman	949	40:45,9	Team Penman	10K Men	1
2	Jonathan Kennedy	923	42:36,6	.	10K Men	2
3	Stuart Prentice	961	42:38,5	.	10K Men	3
4	Ross Leblanc	898	45:45,8	.	10K Men	4
5	Jamie Maker	958	47:20,3	.	10K Men	5
6	Richard Salaman	912	47:32,1	.	10K Men	6
7	Richard Shlovogt	942	47:44,6	.	10K Men	7
8	Katie Wills	964	48:53,3	Phoenix Tri Club	10K Women	1
9	Alex Ferrario	544	49:31,5	.	10K Men	8
10	Andrew Mason	862	49:31,8	.	10K Men	9
11	Matthew Burton	895	49:40,6	.	10K Men	10
12	Lisa Hale	948	50:14,0	Sandhurst Joggers	10K Women	2
13	Simon Akeroyd	567	50:40,1	.	10K Men	11
14	Mary Stevenson	910	50:55,3	.	10K Women	3
15	Martyn Davidson	920	51:06,3	.	10K Men	12
16	Stephen Wood	966	52:38,1	.	10K Men	13
17	Michael Doherty	955	52:58,5	.	10K Men	14
18	Geoff Wilson	967	53:14,0	.	10K Men	15
19	Thomas Cook	965	53:37,5	.	10K Men	16
20	Trevor Wood	956	53:37,7	.	10K Men	17
21	David Marston	953	54:06,0	.	10K Men	18
22	Susannah Ayres	938	54:20,4	.	10K Women	4
23	Edward Shulver	918	55:03,5	Great Yarmouth Ro	10K Men	19
24	Victoria Bingham	810	55:49,0	.	10K Women	5
25	Kieran Hobbs	921	55:58,4	The Hobbits	10K Men	20
26	Rosie Brown	933	56:05,3	.	10K Women	6
27	Lucy Dolling	802	56:17,3	.	10K Women	7
28	Damian Jeal	858	56:32,4	.	10K Men	21
29	Gavin Smith	873	56:34,6	HPS Team Echo	10K Men	22
30	Joe Murat	860	57:10,5	.	10K Men	23

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31	Louise Ellis	941	57:24,1	Clapham Chasers	10K Women	8
32	Nigel Davison	963	57:47,6	.	10K Men	24
33	Lisa Fenn	954	57:51,6	.	10K Women	9
34	Alastair Atkinson	935	57:59,9	.	10K Men	25
35	Fiona Bride	887	58:00,0	.	10K Women	10
36	Caroline Jeal	857	58:10,6	.	10K Women	11
37	Jeanne Kalorkoti	849	59:01,9	.	10K Women	12
38	Richard Harris	945	59:17,6	.	10K Men	26
39	Jo Gregg	957	59:22,8	.	10K Women	13
40	Alan Gar	890	59:23,9	.	10K Men	27
41	Adrian Williams	837	59:24,1	The Twells Quintet	10K Men	28
42	Michele Griffiths	875	59:54,1	.	10K Women	14
43	Karen Chappell	934	1:00:05,8	.	10K Women	15
44	Emma Salaman	911	1:00:42,1	.	10K Women	16
45	Rebecca Williamson	874	1:01:07,7	Team Theo	10K Women	17
46	Sue Mcfarlane	901	1:01:21,9	.	10K Women	18
47	Jo Luckman	968	1:01:35,1	.	10K Women	19
48	Christopher Bull	864	1:01:48,5	.	10K Men	29
49	Matt Blewett	817	1:02:10,5	.	10K Men	30
50	Martin Jackson	939	1:02:23,6	.	10K Men	31
51	Rob Hook	820	1:02:50,1	Team Hook	10K Men	32
52	Andrew Keane	889	1:02:58,6	.	10K Men	33
53	Peter Stubbington	844	1:03:20,1	Stubbs	10K Men	34
54	Simon Spooner	946	1:03:30,2	.	10K Men	35
55	Camilla Kingdon	888	1:03:33,9	.	10K Women	20
56	Husein Oozeerally	903	1:04:05,8	Ziyah Team	10K Men	36
57	Andrew Casstles	944	1:04:09,8	.	10K Men	37
58	Grethe Vaughan	815	1:04:29,9	.	10K Women	21
59	Don Newman	947	1:04:35,6	100 Marathon Club	10K Men	38
60	Jo Mais	852	1:04:39,0	.	10K Women	22
61	James Broomfield	872	1:04:48,2	.	10K Men	39

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Posn	Name	Race No	Time	Team	Cat	Cat. Posn
62	Dawn Matthews	564	1:05:12,0	.	10K Walk	1
63	Simon Tomlinson	951	1:05:46,2	.	10K Men	40
64	Lara Ground	928	1:05:56,1	.	10K Women	23
65	John Oliver	867	1:05:57,9	.	10K Men	41
66	Nick White	850	1:06:17,8	.	10K Men	42
67	Alastair Colvin	930	1:06:31,3	.	10K Men	43
68	Leandra Hughes	952	1:07:23,3	.	10K Women	24
69	Deborah Maher	882	1:07:51,1	.	10K Women	25
70	Gavin Warner	917	1:07:58,2	.	10K Men	44
71	Paul Nadin	856	1:08:13,7	.	10K Men	45
72	Charles Farara	846	1:09:13,7	FARARA	10K Men	46
73	Kelly Stubbington	843	1:10:34,4	Stubbs	10K Women	26
74	Nicola Morgan	813	1:10:52,1	.	10K Women	27
75	Llyris Berry	926	1:11:15,4	.	10K Women	28
76	Takeyoshi Isomura	922	1:11:18,7	The Hobbits	10K Men	47
77	Amy Romans	866	1:11:19,6	.	10K Women	29
78	Helen Nesbitt	863	1:11:22,4	HPS Team Echo	10K Women	30
79	Sid Pelling	913	1:11:37,8	Team Tiger	10K Men	48
80	Jordan Dickinson	932	1:11:37,8	.	10K Men	48
81	Louise Williams	833	1:11:39,4	The Twells Quintet	10K Women	31
82	Teresa Rogers	834	1:11:39,7	The Twells Quintet	10K Women	32
83	Nicola Collinson	884	1:12:40,8	.	10K Women	33
84	Ailsa Waters	883	1:12:40,9	.	10K Women	34
85	Abigail Pearson	959	1:12:48,6	.	10K Women	35
86	Nicola Paddy	962	1:12:48,7	.	10K Women	36
87	Rachel Petty	960	1:12:48,9	.	10K Women	37
88	Wendy Fraser	892	1:12:59,9	.	10K Women	38
89	Louise Bacon	925	1:13:35,8	.	10K Women	39
90	Jane Rostant	896	1:13:38,6	.	10K Women	40
91	Jessica Jackson	902	1:13:44,9	.	10K Women	41
92	Sarah Libralato	851	1:13:46,4	.	10K Women	42

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Posn	Name	Race No	Time	Team	Cat	Cat. Posn
93	Kate Wild	853	1:13:48,4	.	10K Women	43
94	Penny Whitlock	927	1:13:53,0	.	10K Women	44
95	James Oliver	868	1:14:20,2	.	10K Men	50
96	Lizzie Miller	869	1:14:20,3	.	10K Women	45
97	Paula Guest	924	1:14:25,6	.	10K Women	46
98	Caroline Jones	893	1:14:34,7	.	10K Women	47
99	Liz Mander	855	1:14:35,9	.	10K Women	48
100	Annette Funnell	825	1:14:36,0	.	10K Women	49
101	Sarah Bond	931	1:15:05,7	.	10K Women	50
102	Chris Dallison	943	1:15:28,5	.	10K Men	51
103	Nicky Hack	897	1:16:46,0	.	10K Women	51
104	Zahra Sharples	936	1:17:24,7	DMVAC	10K Women	52
105	Claire Peltier	906	1:17:48,8	Phoenix Tri Club	10K Women	53
106	Clementina Taft	812	1:17:57,5	.	10K Women	54
107	Fran Wintour	840	1:18:32,3	Harry's Hero's	10K Women	55
108	Lisa Nugent	821	1:19:07,0	Team Bella	10K Women	56
109	Aja Cortizo	847	1:19:12,1	.	10K Women	57
110	Laura Shepherd	876	1:19:22,7	.	10K Women	58
111	David Fiddler	950	1:20:54,7	David Fiddler	10K Men	52
112	Andy Stone	566	1:21:41,8	.	10K Walk	2
113	Joanna Blewett	816	1:22:16,3	.	10K Women	59
114	Kim Knights	560	1:22:47,7	.	10K Walk	3
115	Katharine Spence	822	1:22:50,2	Team Bella	10K Women	60
116	Julie Fraser	891	1:23:48,1	.	10K Women	61
117	Kader Oozeerally	904	1:25:51,2	Ziyah Team	10K Men	53
118	Shenaz Oozeerally	905	1:26:01,1	Ziyah Team	10K Women	62
119	Hilde Stephansen	909	1:26:49,3	.	10K Women	63
120	Aristea Fotopoulou	908	1:26:49,5	.	10K Women	64
121	Marion Alston	563	1:29:00,8	HPS Team Echo	10K Walk	4
122	Cherree Quarrington	940	1:29:10,1	.	10K Women	65
123	Shelley Vardy	806	1:29:10,5	.	10K Women	66

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124	Claire Cridland	807	1:29:11,5	.	10K Women	67
125	Tony Marks	559	1:38:21,5	.	10K Walk	5
126	Kayleigh Woodall	561	1:38:21,8	.	10K Walk	6
127	Marc Woodall	562	1:38:22,2	.	10K Walk	7
128	Laura Marks	899	1:43:12,2	.	10K Women	68
129	Shane Marks	900	1:43:12,8	.	10K Men	54
130	Rakeb Tadesse	565	1:53:20,3	HPS Team Echo	10K Walk	8
131	Adeline Law	805	1:54:51,0	.	10K Women	69
132	Leanne Evans	809	1:54:51,4	.	10K Women	70
133	Robert Newhouse	554	2:00:25,7	.	10K Walk	9
134	Elizabeth Newhouse	553	2:12:35,5	.	10K Walk	10
135	Sandy Oliver	552	2:12:35,7	.	10K Walk	11
136	Judith Saunderson	558	2:34:00,0	.	10K Walk	12
137	Tony Spreckley	556	2:34:00,0	.	10K Walk	12
138	Hazel Saunderson	555	2:34:00,0	.	10K Walk	12
139	Neil Saunderson	557	2:34:00,0	.	10K Walk	12
140	Michelle Smith	551	2:39:30,0	.	10K Walk	16
141	Louise Teager	804		.	10K Women	DNF